

Gloria Sloan CEO of Personal Dynamics, Inc. is an author, certified life coach, speaker, and strategist with forty years of business management, workforce development training, and hospitality procurement. Diverse and dynamic, Gloria empowers, educates, and ignites people to elevate personal development. She works with organizations, groups, and individuals to amplify professional growth. She demonstrates and mentors passionately a belief that self-directing life skills and learning supports a solid foundation for heightened performance, empowerment, and transformation.

Gloria offers solutions that motivate greatness from her insights and applied knowledge. She shares profound wisdom through a wonderful sense of expression revealing practical ways to expanding your mindset. The inspiration and essence of her published work focuses on personal growth and fulfillment. She is author of two books, *Life Skills for the Journey: Identify Essential Life Skills That Matter with 5 Successful Approaches and Abundant Faith: Secrets to Plenty Traveling on Life's Journey.*

She is an Executive Contributor for Brainz Magazine, a global digital publication covering Business, Lifestyles, Mindset, Sustainability, and Leadership topics. Her latest book, *Life Skills for the Journey* was selected as a Finalist for the **2023 Book Excellence Award.**

Additionally, Gloria has been invited as a keynote speaker to organizations across the state including Belmont Historical Society, North Carolina Delta Kappa Gamma, and Lion's Share Federal Credit Union.